

Wettkampfmatten
Sporthalle / Adlerstraße

										China-Restaurant "Hong Kong"		
											Adolf Baumann Stukkateur- betrieb	
	Hara-gatame	Hiza-gatame	Kannuki-gatame	Kata-ashi-dori	Kata-ha-jime	Kata-te-jime	Kenka-yotsu	Koshi-jime	Kuchiki-taoshi	Kumi-kata		
	Hane-goshi	O-goshi	O-soto-otoshi	Kesa-gatame	De-ashi-barai	Hiza-guruma	Uki-goshi	Yoko-ukemi	Ushiro-ukemi	Kuzushi		
	Ayumi-ashi	Koshi-guruma	Seoi-otoshi	O-uchi-gari	Ko-uchi-gari	Kuzure-kesa-gatame	Yoko-shiho-gatame	Tate-shiho-gatme	Kami-shiho-gatame	Ryo-te-jime	Klaus Aschmann Dachdecker	Klaus Aschmann Dachdecker
	Ashi-uchi-mata	Ippon-seoi-nage	Ko-soto-gake	Mune-gatame	Tai-otoshi	Tsuri-komi-goshi	O-soto-gari	Yoko-ukemi	De-ashi-barai	Soto-maki-komi	Klaus Aschmann Dachdecker	Klaus Aschmann Dachdecker
	Khabarelli	Harai-goshi	Juji-gatame	Hon-kesa-gatame	O-uchi-barai	Ude-gatame	Ude-garami	Ko-uchi-barai	Kozure-yoko-shiho-gatame	Sukui-nage	Klaus Aschmann Dachdecker	Klaus Aschmann Dachdecker
	Koga-seoi-nage	Sasae-tsuri-komi-ashi	Tomoe-nage	Mae-ukemi	Yoko-tomoe-nage	Uchi-mata	Ko-uchi-maki-komi	Okuri-ashi-barai	Uki-gatame	Tokui-waza	Klaus Aschmann Dachdecker	Klaus Aschmann Dachdecker
	Kata-gatame	Hane-goshi	Tani-otoshi	Sumi-gaeshi	Yoko-sumi-gaeshi	Ashi-gatame	Hiza-gatame	Waki-gatame	Ushiro-kesa-gatame	Flying juji-gatame	Klaus Aschmann Dachdecker	Klaus Aschmann Dachdecker
		Hara-gatame	Yoko-otoshi	Kata-ashi-dori	Kuchiki-taoshi	Hajime	Ryo-ashi-dori	Eri-seoi-nage	Koshi-jime	Kata-te-jime	Tsuri-ashi	
		Tate-sankaku-jime	Ashi-uchi-mata	Hikkomi-gaeshi	Ushiro-goshi	Utsuri-goshi	Gyaku-okuri-eri-jime	Hadaka-jime	Te-guruma	Juji-Jime	Hadaka-jime	
		Sankaku-gatame	Sankaku-jime	Sankaku-garami	Ko-uchi-gake	Yoko-guruma	Ura-nage	Soto-maki-komi	Ashi-guruma	O-guruma	Kata-guruma	